

Week 1 Menu



Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, 1% milk & 100% juice	Cinnamon toast, applesauce & 1% milk	Kix cereal, 1% milk, 100% juice	Biscuits, mixed fruit, 1% milk	Kolache, pears, 1% milk
Lunch	Steak fingers, mashed potatoes, applesauce & 1% milk	Spagetti w/meat sauce, mixed fruit & 1% milk	Chicken salad sandwiches, carrots, bananas & 1% milk	Enchilada casserole, corn, peaches & 1% milk	Pizza, pineapples & 1% milk
PM Snack	Saltine Crackers, peanut butter & water	Pretzels & 100% juice	Yogurt, fresh fruit & water	Cheese Itz & 100% juice	Chex mix & 100% juice
At- Risk Meal	Steak fingers, mashed potatoes, applesauce & 1% milk	Spagetti w/meat sauce, mixed fruit & 1% milk	Chicken salad sandwiches, carrots, bananas & 1% milk	Enchilada casserole, corn, peaches & 1% milk	Pizza, pineapples & 1% milk